

AWL Equity & Diversity Habit-Building Challenge

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please pick an activity each day to continue growing your awareness and education. Additional links follow the calendar.</p>	<p>Don't forget to register to join us for a Zoom Coffee Break on 10/22 at 10:00 a.m.! Link to register is on Oct. 22 in the calendar.</p>			<p style="text-align: right;">1</p> <p>Start Here: Implicit Bias Test</p> <p>Article : What Is Racism ?</p> <p>Video : Let's get to the root of racial injustice</p>	<p style="text-align: right;">2</p> <p>Article: What the Heck Does "Equity" Mean?</p> <p>Article: Systemic Racism and America Today</p> <p>Podcast: Have You Ever Been Told to "Go Back To Where you Came From?"</p>	<p style="text-align: right;">3</p> <p>Podcast: How to Not (Accidentally) Raise a Racist</p> <p>Article: Learning About Colorism</p> <p>Article: My Life as an Undocumented Immigrant</p>
<p style="text-align: right;">4</p> <p>Article: Historical Foundations of Race</p> <p>Article: Our democracy's founding ideals were false when they were written. Black Americans have fought to make them true</p> <p>Article: Most Latinos Now Say It's Gotten Worse For Them In The U.S.</p>	<p style="text-align: right;">5</p> <p>Article: What Well-Meaning White People Need to Know About Race</p> <p>Article: Many Black and Asian Americans Say They Have Experienced Discrimination Amid the COVID-19 Outbreak</p>	<p style="text-align: right;">6</p> <p>Article: On Racial Equity: 26 Voices</p> <p>Article: It Takes a Movement to Raise an Indian Child</p> <p>Article: Latinos and Discrimination</p>	<p style="text-align: right;">7</p> <p>Article: The long history of racism against Asian Americans in the U.S.</p> <p>Article: A Discussion on Racism: Growing Past and Leading Through Being Uncomfortable</p> <p>Article: Coronavirus: What attacks on Asians reveal about American identity</p>	<p style="text-align: right;">8</p> <p>Article: Discrimination: What it is, and how to cope</p> <p>Podcast: The author of 'White Fragility' doesn't think 'most white people care about racial injustice' from Cape Up with Jonathan Capehart</p>	<p style="text-align: right;">9</p> <p>Article: Moving Beyond Diversity Toward Racial</p> <p>Podcast: Intersectional Challenges in the legal profession</p>	<p style="text-align: right;">10</p> <p>Podcast: Discrimination in America</p> <p>Article & Podcast: Reggie Jackson's Crash Course on Milwaukee's Segregated History</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 Article: Left out and Left behind: The Hurdles, Hassles, and Heartaches of Achieving Long Term Legal Careers for Women of Color	12 Podcast: What's in a Karen? Article: The Intersectionality Wars	13 Article: Don't Forget About Women Lawyers of Color Podcast: Sexism in the legal workplace	14 Article: Gender and Racial Bias in the Legal Profession Podcast: Women in Law. One hundred Years of Women Being Able to Enter the Legal Profession	15 Article: Diversity and Gender Equity in Legal Practice Article: Unpacking the Invisible Knapsack	16 Article: Duty to Act: 15 Ways to Combat Racism Podcasts: Solutions: Rules, Sanctions, and Awareness	17 Video: We the People' - the three most misunderstood words in US history
18 Article: Dear Anti-Racist Allies: Here's How to Respond to Microaggressions Article: Talking to Kids About Race	19 Article: How to Honor Native Americans Without Appropriating	20 Article: Community Building	21 Article: 103 Things White People Can Do for Racial Justice	22 10:00 AM – ZOOM COFFEE BREAK TO REFLECT ON THE CHALLENGE Click Here To Register and Receive Login Information	23	24

ADDITIONAL RESOURCES:

For Families

- [Exploring "The Idea of America"](#)
- [Antiracist Curriculum](#)
- [Talking to Young Children About the Guiding Principles of the Black Lives Matter Movement](#)

Podcasts

- [Housing Discrimination and Racism in America from Mid Mod Remodel](#)
- [Episode 1: Race, COVID-19 and Hunger in African American Communities](#)
- [How we can age healthily? Race and gender in the workplace](#)
- [Women in the Legal Profession - Panel Discussion from Women in the Legal Profession](#)

Webinars

- [Fuel Milwaukee webinars on racism](#)
- [Racism in America: Policing and Incarceration](#)

Articles:

- [Racial Equity & Hunger](#)
- [Antiracist Resources and Reads: Lists for All Ages](#)
- [Anti-Racism & Social Justice library resources](#)
- [White gay privilege exists all year, but it is particularly hurtful during Pride](#)
- [Anti-Racist Resource Guide](#)
- [How to use Your Privilege as a White Person or POC to Help The Black Lives Matter Movement](#)
- [I Will Not Stand Silent.' 10 Asian Americans Reflect on Racism During the Pandemic and the Need for Equality](#)